Abhishek Sangroula

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CAREER OBJECTIVE

Detail-oriented and highly motivated IT graduate with a major in Network and Cyber Security. Equipped with hands-on academic experience in networking, programming and cyber security. Brings a proven ability to learn complex systems, adapt to fast-changing environments, and collaborate in team settings from different roles as a warehouse team leader, customer service, and chef/hospitality. Adaptable, reliable, and eager to learn new technologies in dynamic settings.

TECHNICAL SKILLS

- **Software**: Microsoft 365 Suite, Active Directory, Jira, Azure, PowerShell, VMware
- **Operating Systems**: Windows, Linux, MacOS, Active Directory management
- **Hardware**: Desktop/laptop Troubleshooting, Printer Setup, Mobile Device Support
- **Networking**: TCP/IP, DNS, DHCP, VPN configuration

KEY STRENGTHS

- **Teamwork & Collaboration:** Proven ability to work effectively as a part of a team in fast-paced and high-pressure environments.
- **Leadership:** Demonstrated ability to guide teams, coordinate tasks, and motivate staffs through warehouse team leader and Sous-chef experience.
- **Communication:** Strong written and verbal communication skills, crucial for reporting security findings and collaborate with stakeholders.
- **Problem Solving & Analytical Thinking:** Identifying and resolving issues quickly across diverse roles, which is key for threat analysis in cybersecurity.
- **Adaptability & Flexibility:** Comfortable learning new systems, and adapting to changing priorities, a crucial character in the rapidly evolving cyber field.
- **Dependability:** Trusted to lead teams, manage teams, and deliver consistent service and results.
- **Organisation & Time Management:** Skilled in handling multiple tasks, prioritising and meeting deadlines as required in logistics, and kitchen operations.

EDUCATION

Bachelor of Information Technology (Network & Cybersecurity)   **Jan 2020 – July 2024**
TAFE NSW, Australia
Key Achievements: Distinction, Distinction
Key Subjects :Network Automation, Computer and Network Forensics

WORK EXPERIENCE

Sous-Chef   **Feb. 2025 – Present**
Chef   **Oct. 2022 – Jan.2025**
Pymble Golf Club, St. Ives

Responsibilities:

- Overseeing daily kitchen operations, ensuring a smooth workflow and timely meal service, especially during busy periods and events.
- Supervising and supporting kitchen staffs, providing guidance, training and motivating to maintain high standard of food preparation and safety.
- Assisting Head Chef in menu planning, development, and execution of seasonal food menu and events.
- Monitoring inventory, managing stock levels, and ordering to ensure the kitchen is well-supplied and efficient.
- Taking responsibility for kitchen operations in the absence of Head Chef, including service lead, and management of any issues aroused.
- Maintaining strict food safety, quality control, and OH&S compliance standards.
- Maintaining a good relationship between Front-of-House(FOH) staffs and kitchen staff for harmonious workplace and outstanding member service.

Warehouse Team Leader   **Oct. 2020 – Mar. 2023**
Sonoma Bakery, Alexandria

Responsibilities:

- Led a high-performing team of 18 employees to ensure efficient packing, receiving, storage and dispatching of products according to schedules and quality standards.
- Maintained accurate records of stock movements and warehouse activities, including stocktakes.
- Provided training and development opportunities for warehouse staffs for performance improvement and compliance with food safety protocols.
- Oversaw and ensured cleanliness and proper maintenance of warehouse areas and equipment.
- Organised workflows and assigned tasks to meet operational goals in a fast-paced environment.

PROFESSIONAL AFFILIATIONS

- Australian Computer Society (ACS) – 4458905

REFERENCES

Provided upon request